# Some Days You're the Pigeon...Some Days the Statue

#### Words Matter

Words impact <u>relationships</u>. Relationships impact <u>culture</u>. Culture impacts <u>results</u>.



## How Do We Do It?

- \* <u>Words</u>
- \* Actions
- \* Attitudes

We have become a society of stone throwers and stick slingers.

## <u>Koinonia</u>

The coming together in a solidified <u>oneness</u> in an atmosphere of openness, honesty, trust, affirmation, support, and <u>encouragement</u>.

It's not just about the <u>destination</u> it's about the <u>trip</u>.

#### The 7 Me's I Am

Key: The quality of our relationships, culture and results hinge upon understanding the 7 Me's.

1.The Me <u>I think I am</u>

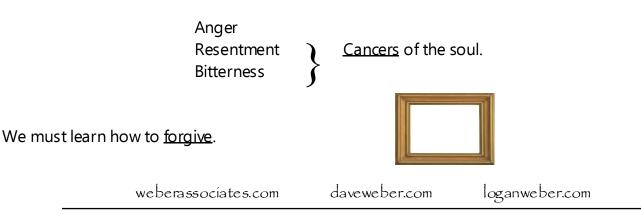
2.The Me others see.

Filters - our own unique set of life experiences that cause us to see things differently.

Can an individual have a "faulty" filter? Yes or No

Key: At times, I will need to modify my behavior to help another.

3.The Me <u>I used to be</u>.



The 6 Most Powerful Words — <u>I'm sorry will you forgive me</u>

4.The Me <u>I want to be</u>.

<u>Key</u>: To the degree you give this me <u>clarity</u>, that is the degree to which you can become it.

5.The Me I really am.

6.The Me others try to make me.

7. The Me I try to project.

When we hurt others, we build barriers of separateness.

Relationships  $\neq$  explode  $\square$  erode.

Our words can crush and kill the spirit of a (so many ways to end this sentence: marriage; family...)

The strongest muscle in the human body is the tongue.

"Words of <u>life</u> and words of <u>death</u> are in the power of the tongue. Those who love it will eat its fruit." King Solomon

Look for ways to praise.

Frog Kisser or Frog Gigger The Choice is <u>yours</u>.

Key: Words of life or Words of death.



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